

WOUND BED PREPARATION AND EXUDATE MANAGEMENT WITH XLTA®

## **XLTA® - Application Steps**

The XLTA® Cure Wound Care Range is an innovative advanced wound care dressing designed to manage exudate, prepare the wound bed, and support the body's natural healing processes. XLTA® technology effectively draws out exudate, devitalized tissue, and other components that delay the wound healing process, dispersing them omnidirectionally within the dressing for optimal wound management.

# The XLTA® range is tailored to meet diverse wound care needs:

- **SUPER 640gsm** is the flagship, versatile, and adaptive solution, best suited for general applications and triage situations.
- MAX 340gsm offers lightweight conformability and adaptability, ideal for challenging wound sites and specialized applications.
- ACE 750gsm provides heavyweight absorption and capacity, excelling in managing high exudate levels and complex wounds.









- Cut XLTA® to the desired size and shape to fully cover the wound bed, including irregular or uneven surfaces.
- Ensure the first layer of XLTA® completely covers the wound bed for maximum efficacy.

## STEP 1: CLEAN



Clean the wound using normal saline or a salt solution following aseptic technique to create an optimal environment for the XLTA® dressing.

#### **Product Notes:**

- o SUPER 640gsm serves as the foundational dressing, offering versatility for most wounds.
- MAX 340gsm is ideal as a primary layer for wounds requiring gentle conformability and adaptability.
- o ACE 750gsm can be used as a primary or secondary layer for heavily exuding wounds or complex cases.

## **STEP 3: COVER**





- If necessary, apply additional layers of XLTA® to manage high levels of exudate effectively.
- Secure the dressing with an elastic bandage, cotton or gauze bandage, self-adhesive film, or another appropriate dressing.
- Consider layering for MAX 340gsm or ACE 750gsm to enhance absorption in cases of high exudate.

### Change the dressing daily (every 24 hours) until exudate levels are under control.

- Adjust the dressing change frequency based on wound conditions:
  - o Daily Changes: For high exudate levels, odor, swelling, or visible debris.
  - Every Other Day: Once exudate levels decrease and debris is minimal.
  - o Never Exceed 3 Days: To prevent complications from accumulated exudate

## **TIPS AND TRICKS**

- Wound Bed Optimization: XLTA® may initially enlarge the wound bed as it clears barriers like necrotic tissue, slough, and bioburden, promoting a healthier and more vascularized wound environment. This is a natural part of the healing process.
- Bleeding During Dressing Changes: It is not uncommon for the wound to bleed slightly during dressing changes. This indicates increased blood flow to the wound site—a positive sign that oxygen and nutrients are reaching the area to support healing. Gentle removal of the dressing and cleaning the wound with saline can help manage this process.
- Prickling Sensation: Patients may occasionally experience a prickling sensation while using XLTA®. This is caused by the dressing's electrostatic charge, and improved circulation in the wound bed. This sensation is a normal and encouraging sign of healing.
- Seemingly Dry Wounds: XLTA® remains highly effective for wounds that appear to have low exudate levels. Its advanced mechanism of action stimulates wound processes, and dry wounds may become unexpectedly wet as dormant healing pathways are activated.
- Start-to-Finish Dressing: For optimal outcomes, XLTA® should be used consistently from the initial wound care phase through to complete skin closure. Halting dressing application prematurely may disrupt the healing environment and delay closure.



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